

2019 Michelle Foley – BQ Invitational Track and Field Meet Schedule

Friday, May 10, 2019

TRACK SCHEDULE

(3 entries per school per event; 2 track and 1 field event per individual)

<u>TIME</u>	<u>EVENT</u>	<u>TYPE</u>	<u>ORDER</u>
9:00	2000 m Steeplechase	Final	OG, OB
	100 m	Heats	MG, MB, JG, JB, SG, SB
	800 m	Timed Finals	MG, MB, JG, JB, SG, SB, AMB
	80/100/110m Hurdles	Timed Finals	MG, JG, SG, MB, JB, SB
	400 m	Timed Finals	MG, MB, JG, JB, SG, SB

Track Break

1:00	100 m	Finals	SG, SB, JG, JB, MG, MB, AMB
	300/400 m Hurdles	Timed Finals	MG, JG, SG, MB, JB, SB
	1500 m	Timed Finals	SG, SB
	200m	Timed Finals	SG, SB, JG, JB, MG, MB
	1500 m	Timed Finals	JG, JB
	4 x 100m Relays	Timed Finals	SG, SB, JG, JB, MG, MB
	1500 m	Timed Finals	MG, MB
	4 x 400m Relays	Timed Finals	OG, OB

Field Schedule

(Final Format of events (ie. number of jumps/throws) will be determined by the number of entries. Standards will be followed. The first jump/throw will be measured for all competitors; subsequent jumps/throws must meet standard in order to be measured.)

<u>TIME</u>	<u>MIDGET GIRLS (2/school)</u>	<u>JUNIOR GIRLS (2/school)</u>	<u>SENIOR GIRLS (3/school)</u>	<u>MIDGET BOYS (2/school)</u>	<u>JUNIOR BOYS (2/school)</u>	<u>SENIOR BOYS (3/school)</u>
9:00	Long Jump	Triple Jump	High Jump	Shot Put	Discus	Javelin
10:30	Shot Put	Discus	Javelin	Long Jump	Triple Jump	High Jump
12:00	High Jump	Long Jump	Triple Jump	Javelin	Shot Put	Discus
1:30	Javelin	Shot Put	Discus	High Jump	Long Jump	Triple Jump
3:00	Triple Jump	High Jump	Long Jump	Discus	Javelin	Shot Put
4:30	Discus	Javelin	Shot Put	Triple Jump	High Jump	Long Jump

NOTE - Long Jump will be on the East Runway and Triple Jump will be on the West Runway (closest to track).

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